

ABLE Accounts and Social Security

What is an ABLE Account?

Achieving a Better Life Experience (ABLE) accounts are a type of financial account for individuals with disabilities that occurred before age 26. This account lets individuals save and purchase qualified items. Examples of these purchases include: basic living expenses (rent/mortgage, utilities), medical devices, education, transportation, employment supports, personal support services, health and wellness, and financial management etc.

As of 2022, an individual can save up to \$16,000 per year placed into their ABLE account.

If an individual is employed, as of 2022, they can save up to \$12,880 per year in their ABLE account.

Combined, an eligible individual could save up to \$28,880 per year in their ABLE account in 2022.

How do ABLE Accounts impact Social Security?

Individuals with ABLE accounts that are receiving Supplemental Security Income (SSI) and/or Medicaid/CentennialCare can save up to \$100,000 without any impact of their benefits. When the ABLE account has funds over \$100,000 (for example \$100,045), the individual's SSI and Medicaid will be paused until the account is \$100,000 or below.

Individuals receiving Social Security Disability insurance (SSDI) do not have resources limits to their government benefits, however, it may impact aspects of their Medicare costs, specifically if they receive Medicare subsidies such as Qualified Medicare Beneficiary (QMB), Extra Help, Full Extra Help, and others. Individuals that are receiving Medicare subsidies should discuss how an ABLE account may impact their benefits with a certified benefits planner.

Resources

ABLE NM <https://ablennm.com/>; phone: 1-800-439-1653; email: team@stableaccount.com

For more information, please contact Kyle Henderson at 505-539-6079 or KAHenderson@salud.unm.edu.