

# CDD Medically Fragile Case Management Newsletter

October 2024



CENTER FOR  
DEVELOPMENT  
& DISABILITY

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# World Cerebral Palsy Day October 6, 2024

World Cerebral Palsy Day (October 6) is celebrated annually to raise awareness about CP.



Founded in 2012 by the Cerebral Alliance, World Cerebral Palsy Day brings global awareness to the issues facing people with Cerebral Palsy (CP) and fostering a world where individuals with CP have equal rights, access and opportunities in society. There are 17 million people worldwide with CP. CP is usually noted in infancy or early childhood.

It is caused by “damage to, or abnormalities inside, the developing brain that disrupt the brain’s ability to control movement and maintain posture and balance.” **For more information and resources, click here:**

[Resources.](#)

To learn more, plan on attending **The NM Early Cerebral Palsy Detection and Intervention Task Force annual conference tomorrow, Saturday, 10/19/24 from 8:30am to 3:30pm on Zoom.** Keynote address by Dr. Garey Noritz and sessions on why early detection is important, sibling’s share their perspectives, and the importance of hearing screening. For more information, see the attached flyer.

Check out this **Disney movie coming out November 22<sup>nd</sup>**, which will share the experience of a sixth grader with cerebral palsy. The film, “Out of My Mind,” is based on the bestselling novel by Sharon M. Draper of the same name. To learn more, [Disability Scoop on Disney Movie to Star Actress with Cerebral Palsy](#)



Fundado en 2012 por Cerebral Alliance, el Día Mundial de la Parálisis Cerebral genera conciencia global sobre los problemas que enfrentan las personas con Parálisis Cerebral y fomenta un mundo donde las personas con parálisis cerebral tengan los mismos derechos, acceso y

oportunidades en la sociedad. Hay 17 millones de personas en todo el mundo con parálisis cerebral. La parálisis cerebral suele observarse en la infancia o la primera infancia. Para obtener más información y recursos, haga clic aquí: [Recursos.](#)

Para obtener más información, planea asistir a la conferencia anual del **Grupo de Trabajo de Intervención y Detección Temprana de Parálisis Cerebral de NM mañana, sábado 19/10/24 de 8:30 a.m. a 3:30 p.m. en Zoom.** Discurso de apertura del Dr. Garey Noritz y sesiones sobre por qué es importante la detección temprana, los hermanos comparten sus perspectivas y la importancia de los exámenes auditivos. Para obtener más información, consulte el folleto adjunto.

Mire esta película de Disney que se estrenará el 22 de noviembre y que compartirá la experiencia de un niño de sexto grado con parálisis cerebral. La película “Out of My Mind” está basada en la novela más vendida de Sharon M. Draper del mismo nombre. Para obtener más información, [Primicia sobre discapacidad en película de Disney para actriz protagonista con parálisis cerebral.](#)

# StationMD – Telehealth support, available now!

StationMD is a telemedicine service now available to **all** individuals who are on the **Medically Fragile Waiver or Mi Via**.

**Complete the enrollment form - [here](#)**, and you have immediate access **24/7, 365 days** a year to StationMD clinicians who are specially trained to treat individuals with developmental delays and intellectual disabilities.



## Telehealth for Individuals with IDD on the Mi Via & Medically Fragile Waivers

The Developmental Disabilities Supports Division (DDSD) of the Health Care Authority (HCA) is now partnering with StationMD to provide telemedicine services to individuals with intellectual and/or developmental disabilities (IDD) in New Mexico. Individuals receiving home and community-based services through the Mi Via and Medically Fragile Waivers can enroll and HCA covers the cost. Anyone on the Mi Via or Medically Fragile Waiver who enrolls for StationMD is able to connect with a doctor 24/7 for any medical concern.



## Who is StationMD?

StationMD is a telehealth company dedicated to serving individuals with IDD. All StationMD clinicians are board-certified and specially trained to treat individuals with IDD. Clinicians are available 24/7 via telemedicine for urgent and non-urgent medical matters. StationMD enables individuals with IDD faster access to high-quality care and improves quality of life for individuals and those who care for them.

## Why Use StationMD?



### 24/7 Access to Care

StationMD clinicians are available around the clock, 365 days a year.



### Improves Health Outcomes

StationMD clinicians have performed more than 100,000 telemedicine visits with individuals with IDD.



### Reduces Expenses & Stress on Caregivers

"With StationMD's dramatic reductions in ER use, agencies and their staff enjoy tremendous reductions in overtime expense and stress."

## How to Enroll

### Step 1: Complete & Submit Enrollment Form

- Please complete and submit [this enrollment form](#).

### Step 2: Start Using StationMD

- Once the completed enrollment form has been submitted, you are considered enrolled and can start using StationMD immediately, 24 hours a day for any medical concern.

## Start A Telemedicine Visit



Call StationMD at 1-877-STATMDS (1-877-782-8637)



The StationMD team will collect patient information & get you ready to see the doctor



The StationMD clinician will join momentarily



For questions or assistance, contact [clientservices@stationmd.com](mailto:clientservices@stationmd.com)

# Upcoming Events – Save the Date

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Saturday, October 19, 2024 8:30 a.m. – 3:30 p.m.

Timing is Everything: 5th Annual NM Cerebral Palsy

Early Detection & Intervention **Virtual** Conference

Register at [https://us06web.zoom.us/webinar/register/WN\\_WNGwPF4kQLG3rGVxRPjOHA](https://us06web.zoom.us/webinar/register/WN_WNGwPF4kQLG3rGVxRPjOHA)

Monday, October 21, 2024 - 4pm - 6pm

Thrive Skilled Pediatric Care's Annual Halloween Skate Party

Open to all medically fragile families



Saturday, October 26, 2024 - 1pm to 3pm at Nativity Church

Second Annual Medically Fragile Trunk or Treat

Cerebral Palsy Parents' Association and Thrive LLC will be joining us!

Location: 9502 4th St NW, Albuquerque, NM 87114

Trunks, please arrive at 12pm



Tuesday, November 5<sup>th</sup>, 2024 – 5:30 – 6:30pm on Zoom

Medically Fragile Family Advisory Board

Location: [Zoom meeting](#) – ID: 577 324 8303 Passcode: 888300

FAB

Saturday, December 7<sup>th</sup> - 2pm to 5pm at Nativity Church

Cerebral Palsy Parent Assoc. Annual Holiday Party

Location: 9502 4th St NW, Albuquerque, NM 87114

More information to come.



# Tips and Tricks on feeding, G-tubes, etc.

Tips and tricks from the October family Zoom on feeding, G-tubes, etc..

Repurposing non-specialty items for specialty needs -

- Using reusable, washable bags that can hang on the back of a wheelchair to keep things together
- Using separated backpack with ice in one compartment and one without to keep things organized and cold
- A bike basket can be attached to the back of the wheelchair to keep things close and to hang devices on
- Using washable pads to make bibs to protect skin, with extra pocket/layers at the bottom to catch saliva
- Using an insulated wine bag/water bottle carrier to protect feeds while out and about, like [this one](#).

Communicating with caregivers

Make a video on your phone – Record instructions, send to caregiver’s device, allows review as many times as needed

Many families recommended Etsy as a resource for making life a bit easier.

**Etsy** A “global marketplace is a vibrant community of real people connecting over special goods.” <https://www.etsy.com/>

A search of “G-tube” brings up handy products, like these med frag family recommended ones:

Feeding pump holders like [this one](#):



Adapters to charge feeding pumps with a regular USB-C cord like [this one](#):



Try other searches like “special needs” to see other handy items!

# Consejos y trucos sobre alimentación, sonda G, etc.

Consejos y trucos de la familia de octubre Zoom sobre alimentación, sondas G, etc.

Reutilización de artículos no especializados para necesidades especializadas –

- Usar bolsas reutilizables y lavables que se puedan colgar en el respaldo de una silla de ruedas para mantener las cosas juntas
- Usar mochila separada con hielo en un compartimento y otro sin él para mantener las cosas organizadas y frías.
- Se puede colocar una cesta para bicicletas en la parte trasera de la silla de ruedas para mantener las cosas cerca y colgar dispositivos.
- Usar almohadillas lavables para hacer baberos para proteger la piel, con bolsillos/capas adicionales en la parte inferior para atrapar la saliva.
- Usar una bolsa de vino aislada o un portabotellas de agua para proteger los alimentos mientras está fuera de casa, como [this one](#).

## Comunicarse con las cuidadoras

Haga un video en su teléfono: grabe instrucciones, envíelas al dispositivo del cuidador y permita revisarlas tantas veces como sea necesario.

Muchas familias recomendaron Etsy como recurso para hacer la vida un poco más fácil.

**Etsy** “Es una comunidad vibrante de personas reales que se conectan en torno a bienes especiales.” <https://www.etsy.com/>

Una búsqueda de “G-tube” muestra productos útiles, como estos recomendados por la familia med frag:

Portabombas de alimentación como [this one](#):



Adaptadores para cargar bombas de alimentación con un cable USB-C normal como [this one](#):



# Free COVID Test Kits

## Place Your Order for Free At-Home COVID-19 Tests

As of late September 2024, residential households in the U.S. are eligible for another order of 4 free at-home tests from USPS.com.

Here's what you need to know about your order:

- Each order includes 4 individual rapid antigen COVID-19 tests ([COVIDTests.gov](https://www.covidtests.gov) has more details about at-home tests, including extended shelf life and updated expiration dates)
- Orders will ship free

### Expiration Dates Extended

Tests may show “expired” dates on the box, but FDA has extended those dates; [see the full list of extended expiration dates](#).

## Haga su pedido de pruebas gratuitas de COVID-19 en casa

A partir de finales de septiembre de 2024, los hogares residenciales en los EE. UU. son elegibles para otro pedido de 4 pruebas caseras gratuitas de USPS.com.

Esto es lo que necesita saber sobre su pedido:

- Cada pedido incluye 4 pruebas rápidas individuales de antígeno COVID-19 (COVIDTests.gov tiene más detalles sobre las pruebas caseras, incluida la vida útil extendida y las fechas de vencimiento actualizadas)
- Los pedidos se enviarán gratis

### Fechas de vencimiento extendidas

Las pruebas pueden mostrar fechas “vencidas” en la caja, pero la FDA ha extendido esas fechas; [Vea la lista completa de fechas de vencimiento extendidas](#)



# Resource Highlight

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## What is the Assistance Fair?

PNM's Albuquerque Community Assistance Fair is a free, family-friendly event to help our limited-income community know about various resources available to meet basic & emergency needs. At the heart of the event, the PNM Good Neighbor Fund will help customers pay their electric utility bills and will be joined by the **New Mexico Gas Company**, **Comcast/Xfinity**, and the **Albuquerque Bernalillo County Water Utility Authority** will also provide utility bill assistance on-site for eligible attendees.

Albuquerque High School

**Saturday, November 2, 2024**

9:00 AM - 12:00 PM

800 Odelia Rd NE,

Albuquerque, NM 87102

## ¿Qué es la Feria de Asistencia

La Feria de Asistencia Comunitaria de PNM en Albuquerque es un evento gratuito y familiar que ayuda a nuestra comunidad de ingresos limitados a conocer los distintos recursos disponibles para satisfacer las necesidades básicas y de emergencia. En el centro del evento, el Fondo del Buen Vecino de PNM ayudará a los clientes a pagar sus facturas de servicios públicos de electricidad y contará con la participación de New Mexico Gas Company, Comcast/Xfinity y la Autoridad de Servicios Públicos de Agua del Condado de Bernalillo de Albuquerque, que también brindará asistencia con las facturas de servicios públicos en el lugar para los asistentes elegibles.