

What is the Parent Home Training Program?

The Autism & Other Developmental Disability Program's Parent Home Training program is a no-cost short-term educational program funded by the NM Department of Health available to families of young children with Autism Spectrum Disorder (ASD) under the age of 6. Families learn to help their child develop and gain new skills through individualized in-home consultation.



FOR MORE INFORMATION OR TO ENROLL

PLEASE CONTACT

PHT Program

Phone: 505-272-4725

Fax: 505-272-3140

syacosta@salud.unm.edu

Application Available online:

https://unmhealth.org/services/developmental-disabilities/_media/pdfs/2018-application-pages-2-5---accessibility.pdf

PROGRAM MANAGER

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Parent Home Training

For Families of Young Children
with Autism Spectrum Disorder



For More Information

Tel: (505) 272-4725

Toll Free: (800)270-1861

Why Parent Training?

The Parent Home Training (PHT) Program is not a direct therapy program for your child but a program to teach families skills for promoting development long after the consultant has left the home. The PHT approach is guided by the belief that parents are the best and most natural teachers of their young children. Research has also shown that there are numerous benefits for both child and parent when caregivers are actively involved in treatment for children with ASD. Working within the strengths of the current parent-child relationship, PHT consultants can help caregivers integrate research-based techniques into daily interactions with their children.



Frequently Asked Questions:

Who is eligible to receive services?

Any family of a child under the age of 6 with a medical diagnosis or educational eligibility of Autism Spectrum Disorder (e.g., Autistic Disorder, Asperger's Syndrome or PDD-NOS).

Who provides services?

Services are provided by trained consultants with a range of backgrounds including education, behavior analysis, psychology, social work, occupational therapy and speech-language pathology.

How long are services provided for?

We provide up to six sessions which usually lasts 3-4 months.

What is the cost?

Services are provided at no cost for families.

What geographical regions are served?

PHT services are available in every county and corner of New Mexico. We offer in-home or telehealth consultations. Phone call consultations may be used in some cases.

What languages are services available?

The PHT program employs both English and Spanish speaking consultants. Interpreter services for other languages are available upon request.

What topics are addressed?

Individualized goals are set with your consultant based upon families needs. Common topics include:

- ◆ Understanding ASD
- ◆ Accessing Resources in NM
- ◆ Increasing Communication
- ◆ Building Social Skills
- ◆ Improving Transitions
- ◆ Tackling Toilet Training
- ◆ Addressing Problem Behaviors and Meltdowns

How do I enroll or find out more?

All requests for services and information can be made by:

- ◆ Phone: 505-272-3167
- ◆ E-mail: syacosta@salud.unm.edu
- ◆ Print out an application online
<https://unmhealth.org/services/development-disabilities/programs/autism-programs/autism-parent-home-training.html>

And send to:

Center For Development and Disability
ATTN: Parent Home Training
The University of New Mexico
PO Box 27814
Albuquerque, NM 871235-9703