

Mi Via Services and Supports

A guide for Mi Via participants and those considering the Mi Via Self-Directed Waiver

Mi Via Consultants

Mi Via Consultant Services

Mi Via Consultants educate, guide, and assist participants to make informed decisions about the services and supports they need. Participants and Consultants work together to develop a Service and Support Plan (SSP) and an annual budget based upon individual needs. Mi Via Consultants connect with Participants at least monthly and meet in person at least once a quarter.

Categories for Services and Supports:

- **Community Membership Supports**

Provide opportunities for the Participant to socialize, work, and enjoy meaningful activities in their communities. These supports include:

- Community Direct Support Navigation
- Community Group Supports
- Employment Supports

- **Living Supports**

Provide needed assistance with activities of daily living, home management, health and safety, and independent living skills. Supports can be provided using three (3) different models.

- Home Health Aide – age 21 and up
- Homemaker/Direct Support – age 21 and up
- In-Home Living Supports - age 18 and up

- **Health and Wellness Supports**

Assist with medical or behavioral health needs not covered by private insurance or Medicaid health plan. These supports are provided by licensed health professionals and include:

- Behavior Support Consultation
- Nutritional Counseling
- Specialized therapies

For adults 21 years or older, Skilled Therapy (OT, PT and SLP) and Private Duty Nursing are also available if needed.

- **Other Supports**

Available to support a participant in increasing their independence. These supports include:

- Transportation
- Emergency Response Services
- Respite
- Individual Directed Goods and Services*
- Environmental Modifications

Questions?

Call us.

UNM CDD

Mi Via Consultants

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www.cdd.unm.edu/mivia

Red or Green?



Mi Via is about making choices. The

symbol of the red and green chiles are often used in Mi Via to illustrate participants being able to make

choices about their services and supports.



Mi Via Website

www.mivianm.org

Range of Rates

<https://nmhealth.org/publication/view/policy/3383/>

New Regulation

Changes

implemented 11-1-18*

- “Related Goods” was changed to “Individual Directed Goods and Services”
- “Fees and Memberships” was removed
- “Gym and Physical Fitness” was added
- “Alt. Medicine & Therapies” was added

