

# Mi Via Self-Directed Waiver

New Mexico

## What is the Mi Via Self-Directed Waiver?

- It is a state Medicaid Waiver program that helps people with intellectual and/or developmental disabilities self-direct their own waiver services. It allows greater flexibility to use non-traditional supports to meet needs that are directly related to their disability.
- Someone receiving Mi Via services is known as a Participant.
- With assistance from a Consultant, Participants develop a Mi Via Plan, which includes a Service and Support Plan (SSP) and budget to meet their clinical, medical, functional or habilitative needs.

## Who is eligible for the Mi Via Self-Directed Waiver?

Individuals who are currently receiving services from the Developmental Disabilities Waiver (DDW) or the Medically Fragile Waiver (MFW), or receive a notice of allocation from the Department of Health (DOH) Developmental Disabilities Supports Division (DDSD). It may be as many as 10–12 years after applying before services begin.

Applicants must meet specific medical and financial eligibility requirements set by Medicaid.

## To apply

Contact the Developmental Disabilities (DD) Waiver and/or the Medically Fragile Waiver with the Intake and Eligibility Unit of DDSD to apply. Once a person has applied and received a notice of allocation, they may choose the Mi Via Self-Directed Waiver at that time.

Anyone currently receiving services through the Developmental Disabilities Waiver or Medically Fragile Waiver may change to the Mi Via Self-Directed Waiver. Those wishing to change Waivers may request a *Waiver Request Form* from their Regional Mi Via Liaison.

## What happens once a person selects the Mi Via Self-Directed Waiver?

The Participant is contacted by the consultant agency they selected to schedule a meeting to begin development of their Mi Via Plan with an allocated budget amount.

- The SSP identifies the Participant's strengths and describes in detail the items and services the Participant is requesting based upon their needs and qualifying condition.

The plan and budget are submitted to the Third Party Assessor (TPA) for approval. Once the SSP and budget are approved, the Participant makes arrangements to purchase the goods and services identified on their SSP and budget.

## Remember:

- The fiscal management agency (FMA), Conduent, will process time-sheets and take care of employer-related requirements such as employer taxes, paying employees and issuing checks for stores/agencies where the Participant plans to purchase goods and services.
- Services through the Mi Via Waiver may include: homemaker, home health aide, in-home living, community direct support, employment support, customized community group support, physical therapy (PT), occupational therapy (OT), speech therapy (SLP), private duty nursing, behavior support consultation, nutritional counseling, specialized therapies, respite, emergency response, transportation, environmental modifications, and related goods such as technology/safety and independence.



### Mi Via

#### General Information

505-841-5500

<https://nmhealth.org/about/ddsd/pgsv/sdw/>

#### Mi Via Newsletters

<https://nmhealth.org/about/ddsd/pgsv/sdw/publications/>

#### Mi Via DDSD Liaisons

##### Metro Region

505-841-5500

##### NE Region

575-758-5934

##### NW Region

505-863-9937

##### SE Region

575-624-6100

##### SW Region

575-528-5180

#### Fiscal Management Agency

(FMA) - Conduent

1-866-916-0310

### Questions?

Call the CDD

Information Network

**1-800-552-8195**

or visit our website at

[www.cdd.unm.edu/infonet](http://www.cdd.unm.edu/infonet)

Informational Tip

Sheets:

[www.cdd.unm.edu/infonet/tip-sheets.html](http://www.cdd.unm.edu/infonet/tip-sheets.html)