

Mi Via or a Traditional Waiver?

Making informed decisions about your waiver services

Mi Via Consultants

What is the Mi Via Self-Directed Waiver?

The Mi Via Self-Directed Waiver is an option for people who have received an allocation to the NM Developmental Disabilities (DD) Waiver or the Medically Fragile (MF) Waiver.

It is a state Medicaid waiver that helps people with intellectual and/or developmental disabilities self-direct their own waiver services, with the support of a Mi Via Consultant. It provides the flexibility to use non-traditional supports to meet needs that are directly related to the person's disability.

What are the differences?

Mi Via Participants work with a Mi Via Consultant to develop a Service and Support Plan (SSP) that addresses their needs and interests. The Participant leads the process for developing the SSP. They manage their annual budget and determine the services and/or related goods they need. They hire and fire their employees, approve time cards and invoices, and maintain eligibility. Mi Via participants can be their own Employer of Record (EOR) to manage employees and services, or they can ask someone they trust to be the EOR.

People who select a traditional waiver work with a Case Manager to develop an Individualized Support Plan (ISP). The Case Manager is responsible for leading the development of the ISP. The Interdisciplinary Team (IDT) includes waiver service provider agencies contracted with the state of NM. They participate in the development of the ISP by submitting assessments and reports for use in planning for the ISP. Case managers and service providers share responsibility for ensuring that services are provided according to the ISP and timelines are adhered to.

Both options require an annual re-certification process that includes a Level of Care (LOC) review with a doctor and an assessment, as well as a financial review to ensure the person is still eligible for the waiver. Medicaid benefits are included with either option.

How do I know if Mi Via is right for me?

- You are ready for more control over your own life and your services.
- You understand your disability, and your needs related to your disability.
- You want to have control over your own budget and planning.
- You want to hire your own employees.
- You have supportive people who can help you with administrative requirements.

How do I move to the Mi Via waiver from another waiver?

Anyone currently receiving services through the Developmental Disabilities (DD) Waiver or Medically Fragile (MF) Waiver may change to the Mi Via Self-Directed Waiver. Contact the Regional Mi Via Liaison in your DDS Regional Office to request a *Waiver Request Form*.

Questions?

Call us.

UNM CDD

Mi Via Consultants

866-383-3820

Fax: 505-272-5883

www.cdd.unm.edu/mivia

"Do not see me as your client. I am your fellow citizen. See me as your neighbor."

- Norman Kunc, A
Credo for Support

Red or Green?



Mi Via is about making choices. The symbol of the

red and green chiles are often used in Mi Via to illustrate participants being able to make choices about their services and supports.



Mi Via DDS Liaisons

Metro Region

505-841-5500

NE Region

575-758-5934

NW Region

505-863-9937

SE Region

575-624-6100

SW Region

575-528-5180

Mi Via Website

www.mivianm.org

Newsletters are under
Publications

www.cdd.unm.edu/mivia

