

CDD MEDICALLY FRAGILE CASE MANAGEMENT NEWSLETTER

June 2024



CENTER FOR
DEVELOPMENT
& DISABILITY

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JUNE IS SCOLIOSIS AWARENESS



What is Scoliosis?

Scoliosis is a condition that causes the spine to curve abnormally to the side. Although it is relatively common, impacting people of all ages, races, and genders, many people are not familiar with the condition. June is National Scoliosis Awareness Month, so take this opportunity to learn more about this condition and how you can help spread awareness.

Scoliosis affects 2-3 percent of the population, or an estimated six to nine million people in the United States. Scoliosis can develop in infancy or early childhood. However, the primary age of onset for scoliosis is 10-15 years old, occurring equally among both genders. Females are eight times more likely to progress to a curve magnitude that requires treatment. Every year, scoliosis patients make more than 600,000 visits to private physician offices, an estimated 30,000 children are fitted with a brace and 38,000 patients undergo spinal fusion surgery.

<https://www.aans.org/en/Patients/Neurosurgical-Conditions-and-Treatments/Scoliosis>

Symptoms/Signs

There are several signs that may indicate the possibility of scoliosis. If one or more of the following signs is noticed, schedule an appointment with a doctor.

- Shoulders are uneven – one or both shoulder blades may stick out
- Head is not centered directly above the pelvis
- One or both hips are raised or unusually high
- Rib cages are at different heights
- Waist is uneven
- The appearance or texture of the skin overlying the spine changes (dimples, hairy patches, color abnormalities)
- The entire body leans to one side

A child with an underlying neuromuscular condition is at higher risk for developing scoliosis. A straight spine requires normal muscle balance and strength in the torso. In conditions such as cerebral palsy, spina bifida and muscular dystrophy, the muscles are often weak and unbalanced, leading to the development of a spinal curvature.

Find More information and Resources here:

<https://www.aans.org/en/Patients/Neurosurgical-Conditions-and-Treatments/Scoliosis>

<https://spinehealth.org/>

<https://www.scoliosis.org/>

MED FRAG NEWS

Handbook Is Here!

Hello Med Frag Families!

We wanted to let you all know, that the Handbooks are completed!

Please use this link to view the handbooks:

<https://unmhealth.org/services/development-disabilities/programs/other-disability-programs/mfcmp/resources-newsletters.html>

Thank you for your patience while waiting for this, and we hope you all enjoy it and find it helpful! If you have any feedback, positive, anything missing that could be helpful? Any thoughts, please feel free to share them!



Medically Fragile Waiver Family Handbook

2300 Menaul Blvd. NE
Albuquerque, NM 87107
505-272-2910
Toll Free 1-800-675-2910

2024 Edition

Family Survey

Thank you to everyone who was able to participate in the Annual Family Survey.

We had a total of 66 families respond!! We are so grateful to you for sharing your feedback and honest input about your experience with the Medically Fragile Case Management Program. With your input, we are able to see where we are doing well and areas where we might need to improve!

We will share the results with you all in the next newsletter. If you have any input or concerns regarding the services you are receiving from the Medically Fragile Case Management Program, please contact Program Director, Ann Marie Parmenter, at any time at (505) 362-6932.

THANK
for your feedback
YOU

FAMILY CONNECTIONS

Annual Family BBQ and S'mores!

Please join us at Rangewood Ranch for a fun and magical evening!

We will be having a BBQ for our dinner (hamburgers and hot dogs), and the fire pit will be lit later in the evening where we can make some s'mores!

Along with yummy food and awesome families to spend time with, we will be having a raffle for a few different items including a handmade double rocking chair created by Rangewood Ranch, face painting and temporary tattoos, there will be the Sheriffs department and the fire department out there to hang out with everyone, as well as photoshoot spots!

This will be an amazing evening, and I hope to see you all there!

If you have any questions please reach out to Nichole (nrajala@salud.unm.edu)

RSVP Here:

<https://forms.gle/Gi1q7r4j5NRSWMv66>



The poster features a purple background with a photograph of a family sitting on a lawn at night, illuminated by string lights. The text 'Family FUN DAY' is prominently displayed in white and yellow. Below the title, a paragraph describes the event as a magical evening of connection and fun. A circular inset shows a family celebrating, and another shows s'mores being prepared. The event details, including the date and time, are listed in a white circle. A list of activities is provided with icons, and the location is given at the bottom. A disclaimer is at the very bottom.

Family FUN DAY

Come on down to the magical Rangewood Ranch for an evening of connection and fun under the stars! Dive into a BBQ extravaganza, then indulge in the sweet magic of s'mores as the night twinkles with delights to enjoy!

**SATURDAY
29 JUNE
5:00 - 8:00 PM**

-  BBQ and Smores
-  Prize Raffles, Face Painting and more
-  Nature Adventure

 Rangewood Ranch
16908 Frontage Rd, Albuquerque, NM 87123

By visiting Rangewood Ranch, you agree to the following terms:

1. Assumption of Risk: You voluntarily assume all risks associated with your visit, including injury and theft.
2. Personal Injury: Rangewood Ranch is not liable for any injuries sustained on the premises.
3. Theft or Loss: Rangewood Ranch is not responsible for any theft, loss, or damage to personal property.

By entering Rangewood Ranch, you release the Ranch and its staff from any liability for injuries or losses incurred during your visit.

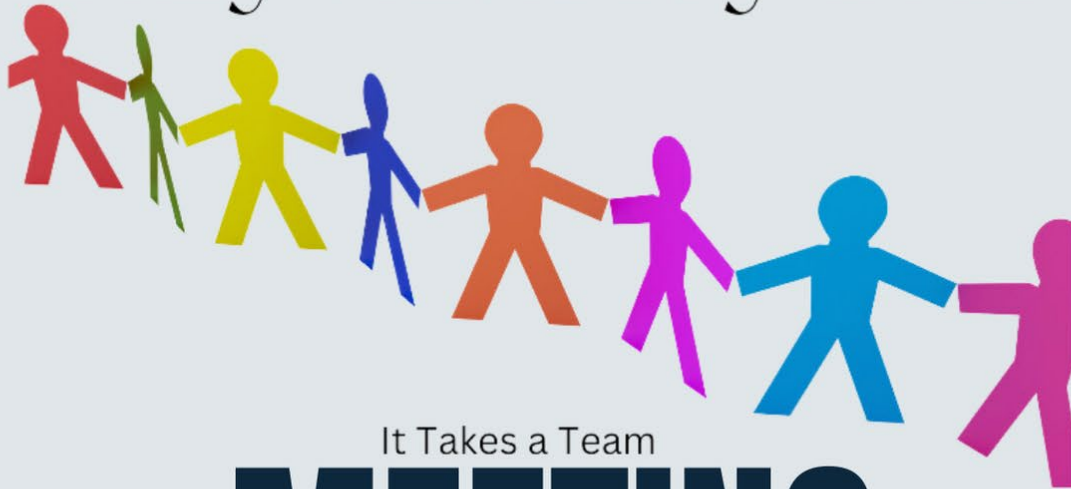
**IF YOUR CHILD IS ALREADY QUALIFIED FOR THE
MEDICALLY FRAGILE CASE MANAGEMENT PROGRAM,
THEY MAY QUALIFY FOR THE MEDICALLY FRAGILE
WAIVER.**

THE MEDICALLY FRAGILE WAIVER PROVIDES:

- Access to Medicaid for the individual who is Medically Fragile.
 - So, if you are at risk of losing your family's Medicaid, a referral to the Waiver should be submitted right away.
- Additional services beyond what may be available through the MCO, such as:
 - Funds to purchase necessary items not covered by insurance,
 - Funds to make modifications to your home to make it more accessible,
 - Additional hours for respite services,
 - Nutritional counseling from a registered dietitian,
 - Other services, such as vehicle modifications, are also available but pending a provider.

If you have questions about accessing the Medically Fragile Waiver, please reach out to your RN Case Manager.

Family Advisory Board



It Takes a Team

MEETING INVITATION



July 2, 2024



At 5:30 PM



Zoom

<https://hsc-unm.zoom.us/j/91824512647>



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& DISABILITY

email

nrajala@salud.unm.edu
to get Zoom link or with
any questions.

Open to all
families

COMMUNITY RESOURCES

ADVENTURE BEGINS AT YOUR LIBRARY

July Summer Programming at the CDD Library



"Celebrate Nature" Sensory Friendly Story Time

July 1st , 10:30 am -11:30 am

Come "Celebrate Nature" with books, songs and crafts. This event has been structured for children 0-12 and their families/caregivers. The event will be limited to the first 10 families who register. Noise dampening headphones, fidget toys and other sensory accommodations will be available. Please register using the QR code below.



Screening of "Crip Camp: A Disability Revolution"

July 17th, 12 pm - 3 pm

We will be hosting a free screening of the 2020 documentary "Crip Camp: A Disability Revolution". This film follows a group of teens in the 1970s who emerged from a camp for disabled teenagers to become influential activists in the disability rights movement. Please RSVP using the QR code below.



Vote on your Favorite Library Cart Names

All July, Online

Vote on your favorite names for our carts during the entire month of July! Winners will be announced on August 1st prior to our Cart Painting Extravaganza. Online poll to come. From June 1st through June 30th, you can submit names using the QR code below.



Center for Development and Disability Library

Summer Reading BINGO

Adventure Begins at Your Library

Complete a bingo and win a prize, complete a black out and win again! Claim all prizes in person by Friday, August 5th.



Have a picnic	Read a book outside	Write a haiku	Visit a park, garden, or nature area	Reread your favorite book
Stop and smell the roses (or any other flower)	Look up a fact about Smokey Bear	Read a book written before you were born	Watch a video or movie about nature or adventure	Read with family or friends
Spend 10 minutes a day reading for 7 days	Check out a book from a library	FREE SPACE	Read a book about adventure	Draw a summer vegetable or fruit
Read a book set in or about New Mexico	Go some place new	Read under the covers with a flashlight	Ask the librarian to recommend a book	Share a quote from a book you read this summer
Find out what the state flower is	Read a book written in the past 12 months	Take a picture with a book	Say hello to a roadrunner	Read a poem about nature

505-272-0281

hsc-infonet@salud.unm.edu



CENTER FOR
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2300 Manual Blvd NE

Albuquerque, NM 87108



NEW MEXICO

Early Childhood

Education & Care Department

FAMILY NUTRITION BUREAU

About the Summer Food NM Program

Summer meals are nutritionally balanced and easy to prepare. The sponsor follows the required USDA established meal pattern and portion sizes. Most sponsors serve breakfast and lunch.

The Program

The Summer Food Service Program for Children (SFSP) is administered on the Federal level by the United States Department of Agriculture (USDA). The primary purpose of the SFSP is to provide food service to children from needy areas during periods when area schools are closed for vacation. This Federally funded program was created by Congress in 1968 after studies had uncovered the direct link between a child's ability to learn in school and their nutritional intake. USDA provides Federal funds to the State agency who in turn, acts as the pass-through agency and reimburses eligible organizations for the meals that are served to children and youth.

How the Program Works

Eligible organizations (sponsors) that are approved by the State agency to participate either prepare meals on their own, or purchase meals from another entity and serve them at approved meal service locations (meal sites) to children and youth. Children ages 18 and younger can receive these meals, free of charge, as long as they are physically present at the meal site and in the serving line. Children and youth receive the same meals on a first come, first served basis. There is no discrimination during the course of the meal service. There is no fee, or enrollment requirement to participate. Just show up!

Although it is a requirement for participants to be served meals that have all of the required components (complete meals), children may choose to eat the items they wish. Complete meals or individual food items cannot be consumed or otherwise taken away from the meal site. This is to say that; all meals and food items must be eaten at the site. SFSP meals are not served outside of the approved times of operation. Other rules that apply to the meal site include the requirement that participants not disturb other participants and are also responsible for discarding their trash in the appropriate receptacle.

Some sites serve breakfast and lunch, while others only serve lunch. Please use this site to find a meal site location near you. You may also call the State agency at 1-800-EAT COOL for assistance in finding a meal site location near you.

<https://summerfoodnm.org/about>

Weaving Colors:

AUTISM & THE INDIGENOUS COMMUNITY

A virtual presentation series for families dedicated to discussing important topics on autism and how they are viewed and addressed in Indigenous culture.

Weaving Connections: Community Resource Panel

*Join us Wednesday, June 26, 2024
1:00pm – 2:30pm (MT) as we welcome*

A panel of representatives from Indigenous vocational support services who will share how they contribute to the advancement and sustainability of the native disability community.



Closed Captioning & ASL Interpretation Available

Please scan the QR Code or Click to Register:

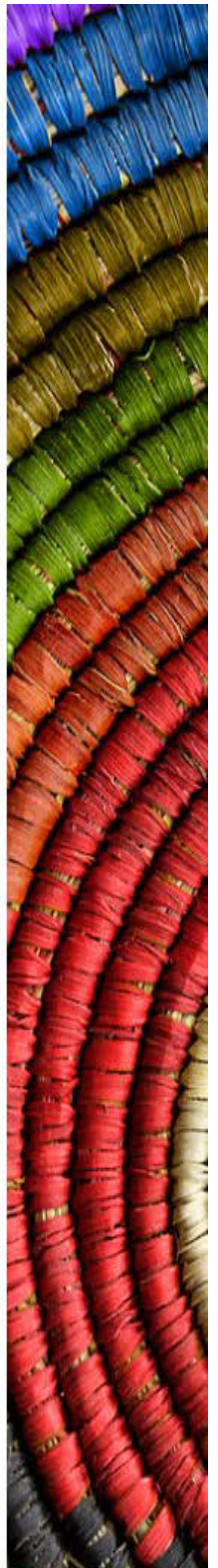
Registration Link:

https://reg.abcsignup.com/reg/event_page.aspx?ek=0033-0021-b59f47b6b8874e209764792e711cdb03



Telephone: 505-272-1852 or 1-800-270-1861

HSC-AutismPrograms@salud.unm.edu



OUTSIDE RESOURCES



SAVE THE DATE

Four Corners Special Education Day

Thursday, July 25, 2024

9am-4pm
(Mountain Daylight Time, GMT-6)

Navajo Nation Museum
Window Rock, AZ

HOSTED BY:  **DISABILITY
RIGHTS
ARIZONA**

REGISTER: 

Register Here: <https://form.jotform.com/240886167555064>

NDI NEW MEXICO **DREAM** PROJECT



The NDI DREAM Project - **D**ancers **R**ealize
Excellence through **A**rts and **M**ovement -
is coming to NDI New Mexico!

2024 SUMMER CAMP at The Hiland Theater

July 30 - August 1

Days 1 & 2: 10:00 a.m. – 12:30 p.m.

Day 3: 10:00 a.m. – 2:00 p.m.

Ages 8 – 16

The NDI DREAM Project is an inclusive program that brings together children with varying abilities and pairs them with a group of age-matched peers from NDI's Advanced Teams to dance and perform!

Dance!



DREAM PROJECT 2024 CLASS SCHEDULE

Tuesday, July 30

10:00am – 12:30pm Introduction and first session

Wednesday, July 31

10:00am – 12:30pm Sessions in breakout studios

Thursday, August 1

10:00am – 12:30 pm Final sessions in breakout studios

12:30 – 1:00 pm Lunch break (children will need to bring lunch)

1:00 – 1:30 pm Presentation

1:30 – 2:00 pm Goodbyes

PARTICIPATION REQUIREMENTS:

Open to partner with age-matched peers. No physical requirements and no previous dance experience required. Availability for the entire camp. A pre-program meeting and orientation in early July (in-person).

TO REGISTER & LEARN MORE:

Contact Christine Schmidt at cschmidt@ndi-nm.org or call (505) 557-6076 ext 176