

PEER LIVING ROOM

SERVICES

The Peer Living Room is a safe place for patients to connect with Certified Peer Support Workers, obtain resources and support, and work on short term recovery goals in a welcoming and non-clinical environment.

- get help accessing online resources
- connect with others in recovery
- complete a safety plan or psychiatric advance directive
- attend one of three daily peer support groups

FAQ

1. Do I need a referral?

No. A referral or appointment is not needed. All Peer Living Room services are available on a walk-in basis during regular program hours.

2. Do I need to have insurance?

No. All patients, regardless of insurance status or type, may use Peer Living Room services.

3. Do I need to be a UNMH patient?

No. Peer Living Room services are open to all new and existing UNMH patients.



HOURS

MONDAY - FRIDAY
7:30 am - 5:30 pm

Peer Groups

Mon-Fri: 10:00 am - Skills Group
Tues, Thurs, Fri: 1:00 pm - Support Group
Mon, Wed: 3:30 pm - Art Group

CONTACT

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