

# ADULT

## Behavioral Health Walk-in Clinic

Providing Psychiatric Support, Psychotherapy, and Case Management to UNMH patients and our community

### WALK-IN CLINIC HOURS

<b>Monday</b>	12:00pm-2:00pm
<b>Tuesday</b>	8:00am-10:00am
<b>Wednesday</b>	12:00pm-2:00pm
<b>Thursday</b>	8:00am-10:00am
<b>Friday</b>	8:00am-10:00am

Check-in begins 30 minutes prior to clinic start time.

### WHAT IS THE WALK-IN CLINIC?

The Walk-in Clinic is the NEW front door to begin Outpatient Behavioral Health Services. It is how anyone looking for care can start their mental health journey.

### WHAT WE OFFER

- Psychiatric Medication consultation.
- Single session evidence based therapy tailored to your specific needs.
- Flexible walk-in appointments with our caring team of providers.
- Referrals and connections to community resources for ongoing support.
- A team-based approach ensuring comprehensive care.

### WHAT PATIENTS NEED TO KNOW

- A meeting at the Walk-in Clinic is short – usually around 15 to 45 minutes.
- We focus on helping you with what you need right now.
- You may see a different provider each time and you may see multiple people depending on what you need.
- The Walk-in Clinic gives you immediate access to care.
- The clinic operates on a first-come, first-serve basis, and is contingent on provider availability.