UNM HEALTH

BEHAVIORAL HEALTH WALK-IN CLINIC

Providing Psychiatric Support/Medication, Psychotherapy and Case Management for our community

MEDICATION MANAGEMENT/ CASE MANAGEMENT:

Monday - Friday: 7:30 - 4:30

PSYCHOTHERAPY:

Monday & Wednesday: 11 pm - 2 pm

Tuesday, Thursday & Friday: 8 am - 11 am

WHAT IS THE WALK-IN CLINIC?

The Walk-in Clinic is the front door to begin Outpatient Behavioral Health Services and connecting you with community resources.

WHAT IS MEDICATION MANAGEMENT SERVICES?

This may involve evaluating symptoms, determining whether medication is appropriate, and starting, stopping, or adjusting prescriptions as needed.

WHAT IS PSYCHOTHERAPY SERVICES?

Psychotherapy is a structured, single session intervention to assist individuals to understand and work through emotional, psychological, or behavioral challenges to improve their well-being.

WHAT IS CASE MANAGEMENT SERVICES?

We can provide referrals and connections to community resources for ongoing support and stabilization.

WHAT PATIENTS NEED TO KNOW

- A visit is short – usually around 15 to 45 minutes.
- We help with what you need right now.
- You may see a different provider each time. You may also see more than one person in a visit.
- The clinic operates on a first-come, first-serve basis, and is based on availability. **Clinic routinely reaches capacity early.**
- The clinic is not open on holidays
- We want our services to be easy for everyone to use. But sometimes a service might not be available. We will work with each person to find the right services for them as best we can.

To learn more, visit unmhealth.org/services/behavioral-health/

Address: 2600 Marble Ave Albuquerque, NM 87106
Walk-in Clinic is located on the 1st floor | Phone: 505.272.2800