

Child & Adolescent Behavioral Health Walk-in Clinic

Providing Psychiatric Support, Psychotherapy, and Case Management to UNMH patients and our community

WALK-IN CLINIC HOURS

Monday and Wednesday

Psychiatry: 3:00 pm - 4:30 pm

Therapy and Case Management: 3:00 pm – 5:30 pm

Tuesday, Thursday, Friday

Psychiatry, Therapy, Case Management: 9:00 am – 11:30 am

WHAT IS THE WALK-IN CLINIC?

The Walk-in Clinic is the NEW front door to begin Outpatient Behavioral Health Services.

It is how anyone looking for care can start their mental health journey.

WHAT WE OFFER

- Psychiatric Medication consultation.
- Single session evidence based therapy tailored to your specific needs.
- Flexible walk-in appointments with our caring team of providers.
- Referrals and connections to community resources for ongoing support.
- A team-based approach ensuring comprehensive care.

WHAT PATIENTS NEED TO KNOW

- A meeting at the Walk-in Clinic is short – usually around 15 to 45 minutes.
- We focus on helping you with what you need right now.
- You may see a different provider each time and you may see multiple people depending on what you need.
- The Walk-in Clinic gives you immediate access to care.
- The clinic operates on a first-come, first-serve basis.