

OB Triage, Labor and Delivery, Mother Baby Unit, NICU Visitor Policy during COVID-19

The following is to provide guidance for visitors on OB Triage, Labor and Delivery (L&D), Mother Baby Unit (MBU), Newborn ICU (NICU), Intermediate Care Nursery (ICN) and Women's Special Care (WSC).

General Guidance

- All visitors will be required to wear a mask while any health care professional is in the room; they will be provided with a mask if they do not have one.
- All units reserve the right to ask any visitor to leave if they are not complying with the following rules and or display symptoms of illness.
- The visitors will be instructed to remain in the room for the duration of the admission and should limit time in common areas such as cafeterias, waiting rooms, lobbies and gift shops.
- Visitors will not be allowed to switch out with other people.
- If special circumstances arise, please contact the medical director and unit director of relevant units.

Visitors in OB Triage

- One visitor/support person per patient will be allowed in OB Triage.
- The visitor/support person will be asked to sit in a designated spot in the OB Triage room and asked to not walk around the room while health care professionals are in the room.
- If OB triage is full, the unit may request support person to wait at hospital entrance until an OB triage room becomes available.

Visitors on Labor and Delivery

- All patients admitted to L&D in labor will be allowed a maximum of two support persons of their choice. Support person includes birth companion, professional doula or family member of choice.
- Visitors/support persons will answer the COVID screening questionnaire and have temperature checked by staff during each shift.
 - Any visitor/support person with symptoms will be asked to go home or sent to the RCC for testing and will not be allowed back in the unit.
 - Visitors/support persons will sign and review Visitor Agreement form.
- Only one visitor/support person will get a baby band once the patient delivers and only one visitor will be allowed to follow the mother to MBU or WSC once delivered.
- Only one visitor/support person will be allowed in the operating room/PACU if patient requires cesarean delivery or has a scheduled procedure.
 - If patient is in labor and needs a cesarean section the second support person will be asked to leave due to the limitations of space in the PACU.

- COVID+/COVID rule-out women admitted to labor and delivery may have one visitor/support person. This person will then be considered a person at risk for COVID and will need to monitor their symptoms for 14 days.

Visitors on Mother Baby Unit

- Only one visitor allowed on MBU.
- If mom is discharged before baby, both mom and her support person will be allowed to stay with the baby. However, if the support person leaves the hospital they will not be allowed to come back.
- If baby is discharged before mom, baby and support person may remain in the room as long as the support person stays with the baby for the entire stay.
- If patient is COVID+ or a COVID rule-out, the B-baby will be tested for COVID-19 at 24 hours of life and at 48 hours of life, if the baby is still admitted.
- Rooming in vs. separation for COVID + moms (mother can decide which scenario she prefers based on consultation as needed from Newborn Nursing COVID-MBU).

Visitors on Newborn ICU/Intermediate Care Nursery

- Two parents/legal guardians are allowed at the bedside at a time.
- All parents are screened daily at the NBICU/ICN doors in addition to hospital doors for symptoms of respiratory illness.
- COVID+ parents:
 - No visitors for baby for at least 48 hours pending infant's swab at 24 hours of life (results also take 24 hours).
 - Must be asymptomatic and at least 14 days from positive test/onset of symptoms to enter the unit- repeat testing is NOT required.

Visitors on Womens Special Care

- One visitor will be allowed to be with the patient at all times, including pregnant and postpartum patients (COVID negative).